



Strathclyde University Boat Club presents:  
**SUBC Fours & Small Boats Head of  
the River**  
Saturday 4th February 2017

## Entries/Registration

Please have your entries in by Monday 30th January and payment (by cheque or cash) can be made on Saturday 4th of February. The preferred method of payment is by bank transfer, please email [secretary@strathclydeubc.co.uk](mailto:secretary@strathclydeubc.co.uk) for details. Cheques should be made payable to Barbora Demčáková. Registration will be open at 8:30am and closing at 10:20 to allow clubs to collect numbers and essential information. There will be a deposit payable at the time of collection of £5 per Bow Number - this will be returned when the complete set of numbers is returned at the end of the racing day. The Entries Secretary must be notified of Crew Changes and Scratchings when Numbers are collected.

## Information for Competitors

1. Each competitor or a club representative must report to Race Control at the Clydesdale boathouse between 8:30 and 10:20 to:
  - (a) advise any scratchings
  - (b) pay outstanding fees
  - (c) check racing time and possible changes
  - (d) collect bow slot number and back number at £5.00.

N.B. Failure to display the numbers may result in no time being taken. If bow numbers are not returned after the race or are returned damaged the deposit of £5.00 each per number will be forfeited.

### 2. START & FINISH:

The course will be from the straight upstream of DALMARNOCK BRIDGE to level with the NELSON MONUMENT in GLASGOW GREEN, approx. 4,000 metres.

3. Crews must only use north bank arches (coxswain's left) when proceeding upstream. If overtaking needs to be undertaken at a bridge, the centre arch may be used but only if there are no downstream crews approaching.

4. Boats must be in position in the ASSEMBLY AREA as shown in the diagram attached, punctually by:

10:55 (Division 1)

13:25 (Division 2)

As a guide to less experienced competitors, it may take 20 minutes or more to race over the course, so allow more than this to get to the start.

To avoid congestion in the START AREA, competitors arriving early and not wishing to take up their position should NOT go through Dalmarnock Bridge until they are prepared to come under the marshal's instructions. N.B. Normal rules of the river apply before the race, i.e. go upstream on the North Bank and downstream on the South Bank.

5. All crews must be past the Railway Bridge 10 minutes before the Race start time. If not, they will be turned back by the umpire or held downstream of the timing line until all of the others have started. At the starter's discretion the late-comers may be allowed to race.
6. Boats will be assembled above the Starting Line and will face upstream with:  
ODD numbers on the NORTH bank,  
EVEN numbers on the SOUTH bank,  
each boat half a length apart. The centre of the river should be left clear to allow other competitors free passage to their position.
7. You will hear a whistle at 3mins, 2mins and 1 minute before the respective starting time. The order for boats to turn and move forward will be given by the Marshals. Proceed downstream to the Start Line in number sequence where your number will be called first. The starter can and will stop crews that are too close to the crew in front or behind. The opportunity to build up speed is after the starter calls your number followed by "GO". The timing line is approx 100m beyond the start line. Competitors will be set off at approximately 10-15 second intervals. Any time gap before new starts will be notified at Race Control.
8. Competitors may take any arch they wish at the various bridges on the course. Any restrictions will be notified at Race Control.
9. The following instructions have been issued to Umpires who will patrol the course during the race: -  
"Boats being overtaken must give way to those overtaking, so that the overtaking boats have a clear course."  
Any delay in obeying the Umpire's instructions on the part of a competitor may lead to a disqualification if the overtaking boat is forced out of its course whether or not a clash occurs.
10. Competitors should proceed downstream of the Finish Line before stopping. Competitors returning upstream should proceed in single file up the north (boathouse) side only and should not come back on to the course until the last boat has nished. Those returning to Glasgow boathouse should take care above Kings Bridge not to impede racing crews who may be approaching that bridge.
11. As per Scottish Rowing rules, Club colours must be worn
12. Anyone disregarding the above instructions may not be timed.
13. Results will be announced as soon as possible after the racing finishes in the Clydesdale clubhouse. Refreshments will be available.

14. SAFETY:

- (a) A safety launch will follow the last competitor downstream
- (b) Competitors should take careful note of any HAZARDS shown on the map of the course displayed at Race Control.
- (c) All boats must be fitted with a white bow ball
- (d) Effective heel restraints (<7cm as per SR Rules of Racing) must be attached to flexible shoes
- (e) Please comply with the rules of the river which can be found [here](#)
- (f) KEEP WELL CLEAR OF THE WEIR

IN THE EVENT OF ADVERSE CONDITIONS, THE RACE MAY BE  
SHORTENED OR CANCELLED

